

Pilar d. Zuber, PhD, MSPH, MCHES, CPH

CURRICULUM VITAE

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Charlotte, NC 28213
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EDUCATION:

PhD Health Services Research

University of North Carolina at Charlotte, Charlotte, NC; May 2012

Dissertation Title: Relationships between alcohol use and mental health issues among 5th year undergraduate college students; Secondary analysis using National College Health Assessment dataset, 2000 – 2008.

MSPH Community Health Concentration

University of North Carolina at Charlotte, Charlotte, NC; May 2006

Master's Thesis: "Alcohol, sexual, and tobacco risk behaviors among college students: Are they continuing from high school or related to the transition to adulthood?"

B.S. Community Health Education

Towson University, Towson, MD; May 2004

A.A. General Management

Montgomery College, Rockville, MD; May 2000

A.A.S. Physical Education Coaching/Teacher Preparation

Montgomery College, Rockville, MD; May 2000

RELEVANT EXPERIENCE:

Lecturer, Fall 2012-Present

Department of Public Health Sciences

University of North Carolina at Charlotte

Courses: Health and Quality of Life, Foundations of Public Health, Healthy Lifestyles

Graduate Research Assistant, Fall 2011-Spring 2012

Strength, pain and function in OIF/OEF Amputees: A Nurse Managed Program;

PI: Laura Talbot

School of Nursing

University of North Carolina at Charlotte

Lead Teaching Assistant, Spring 2010-Spring 2011

College of Health and Human Services

University of North Carolina at Charlotte

Course: Health & Quality of Life

Project Manager, Summer 2009 – Spring 2011

College of Health and Human Services
University of North Carolina at Charlotte
Project: Redesign of LBST 2214: Health and Quality of Life
Funded by University of North Carolina General Administration

Part-time Lecturer, Spring 2009 – Fall 2009

College of Health and Human Services
University of North Carolina at Charlotte
Courses: Healthy Lifestyles, Health & Quality of Life, Program Planning and Evaluation

Graduate Teaching Assistant (Instructor of Record), Fall 2008

College of Health and Human Services
University of North Carolina at Charlotte
Courses: Health & Quality of Life

Graduate Research Assistant, Summer 2008

Mecklenburg County Community Mental Health; P.I. Suzanne Boyd
Department of Social Work
University of North Carolina at Charlotte

Part-time Lecturer, Summer 2006 - Spring 2008

College of Health and Human Services
University of North Carolina at Charlotte
Courses: Healthy Lifestyles, Health & Quality of Life

Interim Project Manager, March-May 2007

Project On TRAC; P.I. Andrew Harver
Department of Health Behavior and Administration
University of North Carolina at Charlotte

Project Director, Charlotte-Mecklenburg Women's Summit, Jan-Sept 2007

Urban Institute
University of North Carolina at Charlotte

Graduate Research Assistant, Fall 2004-Spring 2006

Project On TRAC; P.I. Andrew Harver
Department of Health Behavior and Administration
University of North Carolina at Charlotte

Graduate Assistant, Fall 2004-Spring 2006

Wellness Promotion Department
Student Health Services
University of North Carolina at Charlotte

Student Intern, Spring 2004

Wellness Promotion Department
Adventist HealthCare
Rockville, MD

Alcohol Tobacco and Other Drugs/Sexual Assault Peer Educator, Fall 2003

Counseling Center
Towson University

Accounts Payable Assistant, August 1999-May 2002

Aspen Systems Corporation
Rockville, MD

Human Resources Assistant, May 1998-August 1999

Aspen Systems Corporation
Rockville, MD

RESEARCH PROJECTS

Alcohol Use and Mental Health Issues in Fifth-year College Students (Dissertation project)

Role: Primary Investigator (Dissertation Project)
September 2010- Present

Why do College Students Drink Alcohol?: A Qualitative Thematic Analysis of College Students' Perceptions of Alcohol Use on Campus

Role: Primary Investigator
March 2010- Present

LBST 2214 Redesign, Phase 2: Transitioning to the Online Environment

Role: Project Manager
June 2010- May 2011
Funded by the University of North Carolina at Charlotte

LBST 2214 Redesign, Phase 1: Increasing Student Engagement and Performance, While Decreasing Costs in the Delivery of a Large Lecture General Education Course

Role: Project Manager
May 2009- May 2010
Funded by the University of North Carolina General Administration

Alcohol, sexual, and tobacco risk behaviors among college students: Are they continuing from high school or related to the transition to adulthood?

Role: Primary Investigator (Master's Thesis)
October 2005- April 2006

CERTIFICATIONS:

Master Certified Health Education Specialist (MCHES), National Commission for Health Education Credentialing; April 2011 – present

Certified in Public Health (CPH), National Board of Public Health Examiners; November 2010 – present

Certified Health Education Specialist (CHES), National Commission for Health Education Credentialing; April 2004 – April 2011

PRESENTATIONS:

Zuber, P. & Thompson, M.E. (2012). Alcohol Use and Mental Health Issues in Fifth-year College Students.

Poster presented at 12th Annual UNC Charlotte Graduate Research Fair

Belles, M., Langford, D., Moore, M., & Zuber, P. (2010). Redesigning LBST 2214 at UNC Charlotte.

Presented at UNC Charlotte Center for Teaching and Learning Summer Institute 2010

Thurber, L. A., Kotses, H., Zuber, P., Evavold, S., & Harver, A. (2006). Compliance with daily monitoring of asthma symptoms: Diary vs. electronic peak flow recordings.

Poster presented at annual meeting of the American Thoracic Society, San Diego

Zuber, P. (2006). College alcohol, sexual, and tobacco risk behaviors: Are they new behaviors or continuing behaviors?

Presented at 6th Annual UNC Charlotte Graduate Research Fair

Zuber, P. (2005). A Model of Perceived Asthma Severity in Children with Asthma: Patient Perceptions, Quality of Life, and Socioeconomic Status

Presented at 5th Annual UNC Charlotte Graduate Research Fair

PUBLICATIONS:

Zuber, P., Kazemi, D., & Talbot, L. (in progress) Alcohol Use and Mental Health Issues among College Seniors: An Integrated Review of the Literature

Zuber, P. (in progress) Greek Social Fraternities as Vulnerable Population: Health Disparities and Social Determinants of Health with regards to Alcohol Use

AWARDS AND HONORS:

UNC Charlotte Redesign Scholar (2012)

UNC Charlotte Graduate Research Fair, 2nd place winner, Poster category (2012)

UNC Charlotte Summer Doctoral Teaching Associate Initiative Participant (2010)

Philanthropic Educational Organization Scholar Award Nominee (2010)

John and Alice Harney Scholar Award for emerging needs of the College of Health and Human Services at UNC Charlotte Recipient (2008)

UNC Charlotte Graduate Research Fair, 2nd place winner, Multidisciplinary category (2006)

Towson University Health Science Department Recognition Award Recipient (2004)

PROFESSIONAL ASSOCIATIONS:

AcademyHealth (2009)

American College Health Association (2005)

Chancellor's List (2006)

Delta Omega Public Health Honor Society (2010)

Golden Key National Honor Society (2004)

Phi Kappa Phi Honor Society (2005)

Phi Theta Kappa Honor Society (1999)

ACTIVITIES

UNC Charlotte Graduate and Professional Student Government, Secretary of Internal Affairs (Fall 2011 – Spring 2012)

UNC Charlotte Graduate and Professional Student Government, Chief of Staff (Spring 2010 – Spring 2011)

UNC Charlotte College of Health and Human Services Curriculum Committee, Student Representative (Fall 2009 – Spring 2011)

UNC Charlotte Public Health Programs Governance Committee, Student Representative (Fall 2008 - Present)

UNC Charlotte Summer Institute Series, *Large Course Redesign: Critical Success Factors For Redesign*, Panelist (2010)

UNC Charlotte AcademyHealth Graduate Student Chapter, Treasurer (Spring 2010 – Fall 2011)

UNC Charlotte Graduate and Professional Student Government, Health Services Liaison (Fall 2009 – Spring 2010)

UNC Charlotte Graduate Research Fair, Session Moderator (Spring 2010, Spring 2011)

UNC Charlotte Graduate Research Fair Abstract Review Committee, Member (Spring 2010)

UNC Charlotte AcademyHealth Graduate Student Chapter, President (Fall 2009 – Spring 2010)

UNC Charlotte Summer Institute Series, *Teaching Large Lectures* Participant (2008)

UNC Charlotte Graduate and Professional Student Government, President (2005 - 2006)

UNC Charlotte Graduate Public Health Association, President (2004 - 2006)

UNC Charlotte Campus Substance Use Subcommittee (2005 - 2006)

UNC Charlotte Student Health Advisory Board (2006)

UNC Charlotte Student Health Services Director Search Committee (2006)

UNC Charlotte Graduate and Professional Student Government, Secretary (2005)

Towson University College of Health Professions Interdisciplinary Case Study Participant (2002)

OTHER SKILLS:

Working knowledge of Spanish, oral and written
SPSS (Statistical Package for the Social Sciences)
AMOS Graphics

REFERENCES:

Available upon request